



## The Jigsaw Puzzle 'Changing Me' (Summer 2)

### What will my child actually be taught?

Below is a summary of the RSE coverage within the Jigsaw scheme for each year group. Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning.

The Changing Me Puzzle is all about coping positively with change and includes:

#### **EYFS:**

Growing up: How we have changed since we were babies.

#### **Year 1:**

Boys' and girls' bodies; correct names for body parts.

#### **Year 2:**

Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

#### **Year 3:**

How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.

#### **Year 4:**

***Internal and external reproductive body parts.***

Recap about puberty and menstruation.

Conception explained in simple terms.

***Correctly label the internal and external parts of male and female bodies that are necessary for making a baby.***

***Understand that having a baby is a personal choice and can express how I feel about having children when I am an adult.***

#### **Year 5:**

Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent.

***Conception explained in simple biological terms.***

***Understand that sexual intercourse can lead to conception and that is how babies are usually made.***

***Also understand that sometimes people need IVF to help them have a baby.***

***Appreciate how amazing it is that human bodies can reproduce in these ways.***

## **Year 6:**

Puberty for boys and girls revisited.

***Understanding conception to the birth of a baby.***

Becoming a teenager.

***Understand that sexual intercourse can lead to conception and that is how babies are usually made.***

***Also understand that sometimes people need IVF to help them have a baby.***

***Appreciate how amazing it is that human bodies can reproduce in these ways.***

All lessons are taught using correct terminology, child-friendly language and diagrams.

**The red text above are non-statutory and parents/carers have the right to withdraw their child. The red text is taught in these specific lessons:**

**Year 4:** Lesson 2 (Having a baby)

**Year 5:** Lesson 4 (Conception)

**Year 6:** Lesson 3 (Babies Conception to birth)

## **School Nurse and Health Visitors to the School**

The school nurse may be invited to the school to assist the teachers in the year 5 and 6 RSHE Programme. The nurse will be made fully aware of the permitted content of lessons in accordance with this policy. Questions to the school nurse can be made in writing.